



## Giving Back Is Good For You, Too

Older Americans who volunteer frequently live longer and report better health. Volunteering can also lead to more friendships and a more positive attitude.

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I try to dream up new activities to help the children in the Head Start program prepare for elementary school. I see them improve and advance, right before my eyes. Their progression is amazing.

#### – Neil Weare

Foster Grandparent Volunteer



## **Join Foster Grandparents Today.** Help Children

Who Need it Most.

Just call **800–942-2677** 

TTY 800-833-3722

Visit our website
www.NationalService.gov/SeniorCorps

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Scan this QR Code to see our website on your mobile device.

The Foster Grandparent Program is a part of Senior Corps, along with RSVP and Senior Companions. Senior Corps is administered by the Corporation for National and Community Service, the federal agency that improves lives, strengthens communities, and fosters civic engagement through service and volunteering.







#### Make a Difference In Your Community Today.

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# Help Children to Thrive

As a Foster Grandparent, you'll help children in your community develop the academic and life skills that are critical to their development and future successes.

Sharing your time and experience can help children learn how to read, prepare younger students for school readiness, tackle tough subjects and make decisions that keep them on the right path. We'll match your skills and passions to opportunities that interest you, including those in local schools, youth facilities, early childhood education and day care centers.

#### **A Proud History of Helping**

Foster Grandparents began in 1965 with 800 volunteers in more than 45 institutions. Today, nearly 30,000 volunteers help more than 280,000 children through our nationwide network of organizations. These organizations have clear-cut goals, so you can be sure your assistance focuses on high-impact activities like:

- Teaching job skills to economically disadvantaged youth.
- Improving behavioral and educational outcomes—including day care centers, grade school and college readiness for students with special and or exceptional needs.
- Tutoring and mentoring in local schools and community-based programs.
- Supporting children of veterans and deployed military.

## **You Have** What it Takes

Our program is open to volunteers 55 and over who can serve between 15 and 40 hours a week.

You don't need formal experience in tutoring or mentoring. You'll receive preservice orientation and training from the organization with which you will serve.

We also offer a tax-free hourly stipend to help cover costs for income eligible volunteers. You'll even receive supplemental, accident and liability insurance while you're in service.

"Foster Grandparents gives me the opportunity to give students the help they need."Helen Hansen, Foster Grandparent Volunteer



#### Spotlight

# Denver, Colorado



At F.M. Day Elementary School in Denver, Colorado the Foster Grandparent Program is thriving.

Foster Grandparent Emma Tourville spends one-on-one time with students who need extra academic help in the classroom. Emma works with Jonah, who quickly benefitted from her aid in the classroom and tutoring. "The impact I've seen on Jonah when he spends time with his Foster Grandparent is tremendous. He feels more involved in the curriculum," said Debbie Stallings, Jonah's teacher. "He thrives because of the time that he spends with Grandma Emma."

"The extra attention our Foster Grandparents give these kids makes a huge difference academically," said Chad Anderson, principal at F.M. Day.