



## Giving Back Is Good For You, Too

Older Americans who volunteer frequently live longer and report better health. Volunteering can also lead to more friendships and a more positive attitude.



I was a physician and I now work with the Meals on Wheels program to make sure the meals are meeting the nutritional needs of the recipients.

— **Richard Blank**  
RSVP Volunteer



# Join RSVP Today.

Respond to the Call.

Just call  
**800-942-2677**

TTY  
**800-833-3722**

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RSVP is a part of Senior Corps, along with the Foster Grandparent and Senior Companion Programs. Senior Corps is administered by the Corporation for National and Community Service, the federal agency that improves lives, strengthens communities, and fosters civic engagement through service and volunteering.

Corporation for  
**NATIONAL & COMMUNITY SERVICE**



## Make a Difference In Your Community Today.





# Put Your Experience To Work

RSVP shows you how you can apply the skills and wisdom you've acquired throughout your life to make a positive difference in the lives of others.

A part of Senior Corps, RSVP is America's largest volunteer network for people 55 and over, with more than 300,000 volunteers tackling tough issues in communities nationwide. You choose how and where you want to serve, how much time you want to give and whether you want to share skills you have or develop new ones.

## Help Where It's Needed Most

RSVP matches volunteers with thousands of local and national organizations, giving you countless opportunities such as:

### Disaster Services

Provide critical disaster assistance working at shelters, transporting victims or renovating homes.

### Economic Opportunity

Move people toward their financial independence and home ownership goals.

### Education

Make a difference for local youth by assisting in classrooms or becoming a mentor.

### Environmental Stewardship

Preserve natural beauty serving in national and local parks and revitalizing important waterways.

### Healthy Futures

Help other seniors get the health care they need, and improve their quality of life with your companionship.

### Veterans and Military Families

Support those who served as part of a VA program as a life coach or by connecting them to helpful services.

## RSVP Means Results

Your time is valuable, and we maximize every minute. Our highly structured program focuses on making a tangible difference. National performance measures guide our efforts and ensure your work contributes to real, lasting change in your community. We'll prepare you for success with pre-service orientation and training from the organization where you will serve. You'll even receive supplemental insurance while you're in service.

"As an RSVP volunteer, I work with Habitat for Humanity. Volunteering puts some action in my life and I love what our service does for the community."  
– Debbie Lester, RSVP Volunteer



## Spotlight

## West, Texas



On the night of April 17, 2013, the West Fertilizer Company in West, Texas exploded. The explosion devastated this small community of 2,800. The RSVP volunteers were some of the first to help the people of West begin to recover.

On the night of the explosion, Lana Donaghe, RSVP volunteer, opened the doors of the West Senior Center and stayed there all night, supporting survivors and first responders.

In the weeks after, RSVP volunteers began managing the Long Term Recovery Center, a one-stop site in downtown West where those affected by the blast could receive assistance with case management, food, electricity and housing concerns.